

Surviving the Wild West



Deciding to undertake an aesthetic procedure is a big decision – and choosing a safe practitioner is an even bigger one. With a boom in accessible treatments hitting the market, it can be a stressful challenge making the right decision, particularly with social media being awash with horror stories of patients left disappointed and disfigured. **Hayley Jordan**, clinical director and nurse prescriber at the Aesthetic Skin Clinic, provides a safety checklist to help guide your decision...

Check qualifications...

A one-day course is not enough. Your practitioner should have attended a number of courses and be engaged in a programme of continuous professional development.

Check time practising...

Everyone has to start somewhere, but it takes a long time to become an expert. If your practitioner is a beginner, ensure they are supported by an experienced mentor.

Check out-of-hours support...

You need to make sure a full support package is in place 24/7 and there will always be somebody to review you at all times post-procedure.

Check emergency and complication protocols...

All clinics should be able to prescribe and manage any potential complications in-house. The after-care is just as important as the treatment.

Check indemnity insurance...

Often never needed, but should be extensive.

Check membership of recognised professional bodies...

All practitioners should be regulated, accountable and regularly supervised.

Check which products will be used...

Ensure they are market leaders with a long and extensive safety profile.

Do your research...

And research again. You can never be too informed.

In my role as director for the International College of Aesthetic Nurses, I am regularly contacted by colleagues who are concerned about industry standards. There is an ongoing government initiative to improve these standards, and work towards a recognised qualification and tighter regulations, but until that time consumers must keep themselves safe.

For further information on any aesthetic procedures or treatments, or to book a complimentary consultation with Hayley, contact the Aesthetic Skin Clinic.

asc
aesthetic skin clinic

www.askinclinic.co.uk
www.skinstation.co.uk
Tel. 736699

