THE WEEK



The art of 'tweakments'

Do you avoid having treatment because you do not want to look filled and fake? Do you fear comments from friends and family pointing out the obvious work you had hoped to hide – the duck lip, pillow cheeks and frozen gaze? **Hayley Jordan**, senior nurse prescriber at the Aesthetic Skin Clinic, explains that carefully and artistically planned natural treatments can gently reverse the signs of ageing without drawing attention to the fact that any treatment has been carried out...

HE key to success is careful planning and gradual treatment, building on results to avoid overtreating.

Considering the face as a whole is important in keeping results natural and, above all, making sure your practitioner is highly qualified and experienced in treating all ages and skin types is essential. Here are the key considerations when planning a natural transformation:

Skin

Healthy skin that moves and wrinkles will still look younger than skin that is dull, pigmented and red with broken capillaries. Improving skin health is often a good starting point for nervous patients.

Lips

Bigger is often not better when it comes to ageing lips. Gentle restoration of a lined border and hydration can transform lips without even changing their size. Treating lips correctly can make the whole face look younger without even touching it.

Eyes

Natural expression is key as we age in keeping results natural. 'Softening' rather than 'freezing' ensures treatment goes unnoticed while the patient still looks noticeably refreshed. Most patients want to look 'rested' not 'treated'.

Cheeks

'Pillow cheeks' are a thing of the past... gentle volume restoration to multiple key areas of support will lift and plump the face without overfilling and without changing facial features and movement. Treating over a number of sessions builds natural results and enables nervous patients gentle progression of results.

If you have been delaying booking an appointment to discuss any concerns or treatments because of a fear of looking over-treated, there has never been a better time in this growing industry to achieve natural, safe and long-lasting results.





For further information on any treatments, or to book a complimentary consultation with Hayley, contact the Aesthetic Skin Clinic.

www.askinclinic.c.uk www.skinstation.co.uk Tel. 736699