



It's 2020...

Let's Press RESET

It's the beginning of a brand new decade and, while most of us have one or more resolutions planned in already, there is still plenty of time for you to make a list and turn your life around in 2020. Instead of completely pressing the reset button, look at how far you have come, what brings meaning and happiness to your life and what you still want to achieve.

NEW BEAUTY GOALS

In order to confront the new year with your best self, you might be looking for an improved sense of self-esteem. Your new diet should go some way to emboldening you for 2020, but beauty is also a factor in the lives of so many people. Whatever your gender, sex, age or wage, beauty is self-love. It's about treating your body with the attention it deserves.

At the ASC we offer some transformative treatments that will really make a difference to how you look and feel and give you the confidence to approach the new year as a new confident you!

SAY GOODBYE TO YOUR FESTIVE CHIN

Gaining weight over winter is extremely common, especially during December and over the festive period. For a lot of people, weight gain is more noticeable in the face and, in particular, the chin area. The dreaded 'double chin' is nothing more than a build-up of excess fat and loose skin under the chin, but it can cause self-consciousness in both men and women.

At the ASC, we offer several different non-surgical treatments that are perfect for bidding farewell to that extra chin, so check out what we can do for you:

ULTRACEL HIFU

This procedure is a fantastic solution for anyone who wants to go about their day without worrying about having to go under the knife. It takes less than an hour and requires no downtime; it tightens and lifts the skin on the neck, under the chin and the jawline (not to mention the brow, around the eyes, décolletage and body).

Using a combination of high-intensity hifu and radiofrequency, ultracel lifts the skin as well as the deep muscle layer underneath, which previously could only be reached through surgery. Not only will you see an improvement in the appearance of your chin, but your skin will also be more elastic and brighter.

THERMAGE

Skin tightening procedures have evolved greatly in the past few years, with non-surgical treatments such as Thermage being an incredibly popular option. Thermage is a radiofrequency skin tightening procedure that boosts collagen and rejuvenates the face. The result is improved skin elasticity and smoothed-out fine lines and wrinkles. The treatment only works on the lower dermis, so it won't damage the integrity of your skin with its cooling action; you'll find the procedure is simple and comfortable, as well.

If you're looking to get rid of your festive double chin, Thermage will help you to regain tighter and firmer skin immediately after the treatment.

NEW BODY CONFIDENCE

Our Cristal cryolipolysis treatment, also known as fat freezing, is a non-surgical procedure which cools unwanted fat cells and triggers cell death. In essence, the treatment draws up and cools any body part you wish to



damaging surrounding tissue. Therefore, Cristal cryolipolysis permanently gets rid of fat deposits.

Whether you're looking for an efficient body contouring treatment or want to remove unwanted fat bulges, fat freezing is for you. This treatment uses the latest technology from the aerospace industry to deliver efficiency and safety.

The end result is an improvement of the body's contour and silhouette; no more worrying about diet-resistant areas, such as the tummy, underarms and back thighs – you'll be ready for all the full-length photos people will take of you.

START YOUR NY WITH GLOWING SKIN

Our Hydrafacial treatment has a cult celebrity following that is especially popular for anyone attending special events and social occasions, since this medical-grade facial combines deep cleansing, pore extraction and lymphatic drainage massage techniques that purify the

enjoy unclogged pores as well, since Hydrafacial removes dead skin and dirt.

The cleansing, exfoliating, extraction, hydration, antioxidant protection and red LED therapy that make up this fantastic treatment will give you the results you're looking for – smooth skin and glowing complexion.

If you are looking to make changes let us know what you're looking for. Our friendly and professional team will be more than happy to discuss your needs.

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For more info or to book an appointment please call us on 02890 319060.

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