

Christie Brinkley
Super model at 60



CELEBRITY THROUGH THE LOOKING GLASS

At gbg Magazine we are sure we are not the only ones whose jaws have dropped at the transformation some celebrities undergo during their career. And believe us it isn't always good!

We asked Dr John Curran, expert Cosmetic Dermatologist at the Aesthetic Skin Clinic, to lift the veil on celebrity cosmetic makeovers and explore what drives celebrities to have work done.

WHO'S HAD THE BEST WORK AND WHO'S HAD THE WORST?

'It is very difficult being in the public eye and even more so when your fame or notoriety are predicated by your looks. The media of course is more than a little bit naughty in the way it presents static photos of celebrities. It can make or break the look by altering the angle or capturing an unfortunate expression. There is a lot of very poor cosmetic work out there, but there is actually on balance many more women who have had fantastic work done, which of course if subtle and natural will not grab the headlines.'

SO WHY DO SOME CELEBRITIES, WHO SHOULD KNOW BETTER, HAVE POOR COSMETIC WORK DONE?

'There are many psychological drivers and pressures experienced by those in the public eye. A falling career, bad review, broken relationships, but paradoxically it can be the media itself which can fuel insecurities and a desire to look different.'

However, bad work is bad work and the fault must lie with the doctor or surgeon and to some extent the pressure from the media to conform to unreal aesthetic expectations.

'As doctors we have a duty of care to protect the wellbeing of patients and that includes saying no. Regrettably there are too many 'cowboys' and fringe practitioners out there who are not bound by the same ethics. You would think that those 'in the know' would pick the best but it is not always the case. Celebrities make mistakes just like the rest of us.'



DO YOU THINK THAT CELEBRITIES, OR FOR THAT MATTER ANYONE, WHO HAS HAD ONE TREATMENT, BECOME ADDICTED AND SEEK MORE AND MORE?

'No. This has been studied and in fact the vast majority of patients seek only minor improvements to the skin or anatomical features which bother them. Most just want to restore a more youthful, refreshed look but absolutely do not want to look like someone else. Indeed anti-aging treatments for the skin are really just part of protecting the physiological function of the organ.'

'On rare occasions, patients with altered body image put pressure on the doctor and we have a duty of care to protect the patient in these circumstances.'

shopped, it's great work because she didn't look done. My all time best is another natural beauty, Christie Brinkley. She is the wrong side of 60 and looks like she would not be out of place on any catwalk...now that takes a bit of working at.'

CAN YOU NAME ANYONE YOU THINK HAS HAD BAD WORK?

'I think that would be disingenuous and contrary to how we should behave on a personal level to each other in terms of individual appearance. I would say, however, that celebrities and the media will continue to lead the way when it comes to the cosmetic industry, and hopefully people will be inspired by celebrities with natural looks and a responsible media embracing talent

Most just want to restore a more youthful, refreshed look but absolutely do not want to look like someone else.

DO YOU THINK MANY CELEBRITIES HAVE GOOD WORK DONE?

'YES. I would be surprised if most do not take care to present themselves to the public and media in the best fashion possible. It is probably less vanity and more part of the job. Done well it can prolong a career and boost confidence.'

CAN YOU NAME ANY CELEBRITIES WHO YOU THINK HAVE HAD GREAT WORK?

'There are a few celebrities in particular who have undergone minor subtle treatment that has frankly been quite beautiful. Kate Moss pictured in Vogue recently, had a much more youthful look with more volume in her face, creating a natural 'heart shape' to her visage. If she's had work, and not photo-

and social contribution above superficiality. We will of course always be intrigued by beauty...it is a gift.'

For more information or to book an appointment please call 01481 736699.

TRUST IN EXPERIENCE

asc
aesthetic skin clinic

askinclinic.co.uk + skinstation.co.uk

Dr John Curran and Mr Nick Percival
South Esplanade, St Peter Port GY1 1AW