

SHAPE SHIFTER

For a finer physique, book in for sessions of new fat-shifting treatment Aqualyx. It's toned tummies and perky bottoms all round

Toned thighs, chiselled jawlines and nipped in waists are all a reachable dream thanks to new wonder fat-melting treatment, Aqualyx. Despite a healthy diet and lifestyle, genetics are undeniable – and hard-to-budge fat can still prove difficult to shift (and often losing more weight can make the face appear gaunt). Available only via trained doctors, this is a fat-dissolving injection – containing deoxycholate, a natural chemical found in the body – used to wrestle stubborn fat and help digestion. The active substance locks on to the fat cell walls causing them to become unstable and releasing the fatty acid stored within. A non-invasive, bespoke alternative to Liposuction.

WHERE? Aqualyx can tackle virtually any desired area. It's most popularly used on double chins, thighs, love handles, abdomen and below the buttocks.

PAIN FACTOR? There is just one puncture point per treatment – a very fine needle is used with local anesthetic integrated into the solution to help eliminate discomfort. It can be mildly uncomfortable for a short period of time, with occasional swelling. As it's non-invasive, it's scar-free.

RESULTS? There is a noticeable change within two weeks, with the best results apparent after six to twelve weeks.

How much? It costs between £395–£495 per treatment area, with between one and four sessions required, depending on the quantity of fat.

WHERE? Visit aqualyx.co.uk to find your nearest Aqualyx-trained doctor. Dr John Curran believes it will be the next big thing in fat removal. You heard it here first.

