



Information and Consent For Thermage

What is Thermage?

Thermage is a non-invasive treatment that delivers tighter plumper skin, renewed facial contours and healthier collagen. It employs a patented radiofrequency technology called ThermoCool that has been clinically proven to tighten and gently lift skin to smooth out wrinkles. The incision-free procedure has no down time and can be performed on patients of all skin types and ages.

How does it work?

The ThermoCool device delivers a controlled amount of radiofrequency energy, which uniformly heats a large volume of collagen in the deeper layers of the skin while simultaneously protecting the outer layers of skin with cooling. This causes deep structures in the skin to tighten, and over time, new and remodelled collagen is produced. The energy is delivered using an advanced vibrating hand piece which improves comfort and delivery of energy, enabling higher levels to be achieved, and more treatment shots to be administered.

What does the Thermage procedure feel like?

With each touch of the ThermoTip you will experience a brief, deep heating sensation as the energy is delivered to the skin. Vibration technology is used to disperse the energy and minimise any discomfort. The level of vibration can be adjusted to individual needs. Each pulse of energy is accompanied by an audible tone, The physician must maintain contact with the skin so that it can be effectively cooled, so it is important not to move away from the ThermoTip. The physician will be guided by your feedback during the treatment and can reduce the energy if the heat becomes intolerable or increase the level of vibration, breaks can be taken during treatment for skin cooling if required. You will be made comfortable and supported throughout your treatment

How long will the results last?

Immediately after a Thermage procedure your skin should feel tighter and smoother. We will compare before and after photographs to view this immediate lift. You will have additional tightening over the next six months, when photographs will again be taken for comparison. Unpublished reports indicate that results may continue for 24 months or longer. Because all individuals are different it is not possible to predict

exact benefits, and some individuals may need additional treatments to achieve the desired effects.

What are the possible risks and complications involved?

Although complications following Thermage are infrequent, there are some risks associated with treatment which include:

Bruising and Swelling: Resolves in several days to several weeks.

Erythema or Blanching: Mild reddening or whitening of the skin for several hours.

Pigment changes: Less than 0.05% of patients have reported hyper-pigmentation

Burns and Blisters: Less than 0.3% reported cases

Surface Irregularities: Including dents, rippling and ridges in the skin which may not develop until a month after treatment. Low incidence of 0.2%, with most resolving naturally, or with soft tissue fillers.

Pain and altered sensation: Some patients have reported heat related discomfort and transient aching. A small number of patients, less than 0.1% have reported tingling, numbness and temporary paralysis

Please advise your doctor or Aesthetic Nurse if you have any forthcoming social engagements so a personal evaluation can be made as to any possible downtime associated with the treatment that could impact on your enjoyment of the event. Every individual can react differently to treatment so it is important to alert your practitioner"

****Thermage cannot be performed on patients with pacemakers or defibrillators, during pregnancy or breastfeeding, or while undergoing accutane treatment. It should not be used on diabetics or on patients with auto immune disease. It may also cause an eruption of the Herpes Simplex virus** Please inform your doctor if any these precautions are relevant.**

****Please inform the doctor if you have any cosmetic tattoos, such as permanent makeup, or if you have had any injectable fillers.****

All of the risks of the ThermaCool system are not yet known. No guarantees or promises can be made concerning the results of the treatment.

1. The doctor has explained to me the nature of Thermage and I fully understand the possible risks and complications.
2. I acknowledge and understand that no guarantee or assurance can be made on the Results I will get from the treatment.

3. I consent to the taking of photographs in the course of this procedure for the purpose of assessing my progress.

I hereby request, authorise and give my consent for the performance of the Thermage treatment. My signature indicates that I have read and understood all of the information presented and have had any questions answered. I am of the opinion that my request for treatment is for medical reasons and the personal psychological features that are associated with my request. I have expressed my thoughts and feelings to the treating doctor and consent to the treatment for the purpose of restoring and maintaining the health of my skin and body and my psychological wellbeing.

Patient Name.....

Patient Signature.....

Doctor/Aesthetic Nurse Signature.....

Date of Treatment.....

EMERGENCY CONTACT DETAILS

Should you feel unwell following your procedure it is important to seek specialist medical advice immediately. In the first instance call Dr. John Curran on one of the following numbers:

Guernsey Clinic 01481 736699 (Mon-Fri 08.00 to 17.30)

Dr. Curran's Mobile 07781-165797