

Information And Consent For Sculptra

How Does Sculptra Work ?

Sculptra restores facial volume and natural cheek enhancement to the face simply and safely. It improves the quality of the skin, giving a natural youthful glow. Treatment is given under topical anaesthetic in the doctors minor procedure room. Results are gradual, and achieved over a number of treatments, determined by the degree of correction. The substance injected causes a reaction within the skin to activate the production of new and healthy skin cells.

What Happens Prior To Treatment ?

Prior to treatment a full history is taken, and an assessment of the face is carried out to determine where correction is needed. Photographs are taken and informed consent is obtained. This treatment cannot be performed if you are pregnant or breast feeding. Treatment costs will be explained, any questions will be answered and topical anaesthetic will be applied for 30 to 60 minutes if desired.

What Happens During Treatment ?

Sculptra treatment is a minimally invasive procedure carried out under sterile conditions in a minor treatment room.

Having been made comfortable on the treatment couch, the treatment area will be cleansed. Multiple injections will be administered over the face. Pressure will be applied following treatment to reduce the risk of bruising. The area will then be firmly massaged to ensure integration and even dispersion.

What Happens After Treatment ?

There is no long recovery period, although the area treated may be swollen and bruised. Once the treatment is completed you can return to your normal daily routine immediately. Make up can be applied to the treated area the following day, and you will be advised to massage the area at home 5 times a day, for 5 minutes each time, for 5 days. Massaging effectively will greatly improve results and minimise side effects. The treated area should not be exposed to extreme heat and sun for 7 days.

Side Effects Of Treatment

Swelling and bruising are common, and if massage is not carried out effectively, small lumps may be palpable under the skin.

How Long Will Sculptra Treatment Last ?

It is long lasting but not permanent, with results being sufficient for 1 to 3 years. The duration of the effect is very individual. It depends on the soft tissue condition, age, lifestyle and sun exposure. Follow up treatments will help to maintain the desired degree of effect.

Please advise your doctor or Aesthetic Nurse if you have any forthcoming social engagements so a personal evaluation can be made as to any possible downtime associated with the treatment that could impact on your enjoyment of the event. Every individual can react differently to treatment so it is important to alert your practitioner"

Consent

I agree to photos being taken to assess the progress of my treatment

I confirm that I have been fully informed about the procedure and my questions have been answered. I understand the exclusions for treatment, and have advised the doctor of any changes to my medical history. I am fully aware of the possible risks and side effects and give my permission for the treatment to be performed. I understand that there are no treatment guarantees, and other treatments available have been explained to me.

I am of the opinion that my request for treatment is for medical reasons and the personal psychological features that are associated with my request. I have expressed my thoughts and feelings to the treating doctor and consent to the treatment for the purpose of restoring and maintaining the health of my skin and body and my psychological wellbeing.

Patient Name.....

Patient Signature.....

Doctor Signature.....

Date Of Treatment.....

EMERGENCY CONTACT DETAILS

Should you feel unwell following your procedure it is important to seek specialist medical advice immediately. In the first instance call Dr. John Curran on one of the following numbers:

Guernsey Clinic 01481 736699 (Mon-Fri 08.00 to 17.30)

Dr. Curran's Mobile 07781-165797

