



Information And Consent For ND Yag Treatment

What is ND Yag laser treatment?

This is a non-invasive procedure using laser light that improves the appearance of blood vessels, helps tighten skin and reduces darkened circles under the eyes. There is minimal recovery time, with mild swelling for 3 – 7 days.

Is it safe?

When carried out by a qualified, experienced practitioner this is a safe and effective treatment, with minimal down time and side effects. The light is customised to your specific skin condition and colour to ensure the treatment is safe and effective. Results may vary depending on different skin types, with lighter skin types being the most effective to treat.

How does ND Yag work?

The specific wavelength of light coagulates blood to eliminate vessels and uses heat to tighten skin by improving collagen production.

Does it hurt?

The light flicking against the skin is hot, but is very well tolerated, and topical anaesthetic can be applied if patients find the procedure too painful.

Which areas can be treated?

Treatment can be performed on the face, neck, chest, back, arms, hands and legs

Which conditions can be treated?

Small blue vessels in the legs
Broken red vessels on face and legs
Haemangiomas (Small distinct red spots)
Dark Puffiness under eyes

How is the treatment administered?

Glasses or eye shields are worn to protect the eyes from the bright light. A cold gel is applied to the skin to aid absorption of the light and keep the skin cool. More than one treatment may be recommended to achieve optimum results. Improvement is natural and gradual and you must avoid tanning while undergoing treatment.

What can be expected following treatment?

You may be slightly red and swollen following treatment, You can resume normal activity immediately, and apply make up straight after treatment.

Possible side effects

Redness, mild swelling and bruising can occur, which normally resolves in 5 - 7 days. There is a rare possibility of blistering, scarring and permanent discolouration of the skin

Care following treatment

— Sun exposure should be avoided for a week after treatment, and good sun protection should be used.

Please advise your doctor or Aesthetic Nurse if you have any forthcoming social engagements so a personal evaluation can be made as to any possible downtime associated with the treatment that could impact on your enjoyment of the event. Every individual can react differently to treatment so it is important to alert your practitioner.

Consent

I confirm that I have been fully informed about the procedure and my questions have been answered. I understand the exclusions for treatment, and have advised the doctor of any changes to my medical history. I am fully aware of the possible risks and side effects and give my permission for the treatment to be performed.

I am of the opinion that my request for treatment is for medical reasons and the personal psychological features that are associated with my request. I have expressed my thoughts and feelings to the treating doctor and consent to the treatment for the purpose of restoring and maintaining the health of my skin and body and my psychological wellbeing.

Patient Name.....

Patient Signature.....

Doctor Signature.....

Date Of Treatment.....

EMERGENCY CONTACT DETAILS

Should you feel unwell following your procedure it is important to seek specialist medical advice immediately. In the first instance call Dr. John Curran on one of the following numbers:

Guernsey Clinic 01481 736699 (Mon-Fri 08.00 to 17.30)

Dr. Curran's Mobile 07781-165797

