



## **Patient Information And Consent For Diamond Microdermabrasion**

### **What Is Microdermabrasion?**

It is a non invasive treatment that removes the superficial layers of skin to give the skin a youthful and radiant glow. Using a diamond tip abrasive wand and a range of suction levels it is moved across the skin to smooth the complexion. This treatment can be used to reduce superficial lines, uneven pigmentation, enlarged pores and areas of dryness.

### **How Does It Work?**

The treatment accelerates the removal of dry and dull skin, whilst deep cleansing and re texturising the skin. Treatment will take approximately one hour, and is beneficial to prepare the skin prior to numerous other treatments.

### **What Does It Feel Like?**

The procedure is well tolerated with minimal to no discomfort. A mild suction will be felt as the hand piece is moved slowly across the skin. Immediately after the treatment the skin will feel smooth and glowing. Over several days the skin will become dry and flaky, which will settle quickly and normal daily skin care can continue throughout.

### **How Long Will Results Last**

It is recommended you complete a course of treatment depending on the desired outcome, then maintain results with a treatment session every four to six weeks.

**Possible Risks And Complications**

Complications are minimal but can include:

- Discomfort  .....
- Swelling  .....
- Redness  .....
- Pigmentation  .....
- Crusting  .....
- Milia/Spots  .....
- Infection  .....
- Scarring  .....

**Suitable Areas For Treatment**

Most treatments will be carried out on the face, but treatment can be carried out anywhere an improvement in skin texture is desired.

**Contraindications to treatment**

- Undiagnosed lesions
- Recent Herpes outbreak
- Warts
- Sunburn
- Severe weeping acne
- Active Rosacea
- Unstable Diabetes
- Oral Blood thinners such as aspirin

**What Can I Expect Following Treatment**

Immediately after treatment a soothing vitamin C mask will be applied, followed by sun block to protect the skin on leaving the clinic. It is advised you do not wear make up till the following day. Skin may become dry and flaky for two to three days, and some patients may experience a few small spots which will clear quickly without intervention.

Microdermabrasion completes the obagi skin care range and radiance peels.

Please advise your doctor or Aesthetic Nurse if you have any forthcoming social engagements so a personal evaluation can be made as to any possible downtime associated with the treatment that could impact on your enjoyment of the event. Every individual can react differently to treatment so it is important to alert your practitioner.

**Microdermabrasion Consent**

I can confirm that the treatment, intended benefits and possible side effects have been fully explained to me, and all of my questions have been answered. I have also been informed of alternative treatment options that are available.

I understand that the treatment may sometimes be unsuccessful, improvements may vary, and results cannot be guaranteed.

I confirm that I have informed the doctor/ nurse about my medical history.

I give my consent to photographs being taken for my medical records.

**I am of the opinion that my request for treatment is for medical reasons and the personal psychological features that are associated with my request. I have expressed my thoughts and feelings to the treating doctor and consent to the treatment for the purpose of restoring and maintaining the health of my skin and body and my psychological wellbeing.**

**Patient Name.....**

**Patient Signature.....**

**Doctor Signature.....**

**Date of Treatment.....**

**EMERGENCY CONTACT DETAILS**

Should you feel unwell following your procedure it is important to seek specialist medical advice immediately. In the first instance call Dr John Curran on one of the following numbers:

Guernsey Clinic 01481 736699 (Mon-Fri 08.00 to 17.30)

Dr. Curran's Mobile 07781-165797