

Information and Consent For Intracel

What is Intracel?

Intracel is a state of the art treatment for stimulating skin without the down time of total resurfacing using traditional invasive treatments. The treatment works by fractional radio frequency and dermal needling, heating the deep dermis causing stimulation of the tissue to produce the important deep elements of healthy skin such as collagen and elastin. Uniquely highly effective doses of radio frequency can be used as the tiny insulated needles heat only the dermis leaving the superficial skin smooth and undamaged, with short acting redness.

How does it work?

Tiny insulated needles penetrate deep into the dermis and heat the tissues for micro-seconds. The surrounding tissue is left unaffected so the healing time is much faster than if the entire area is treated at once. The natural healing process of the body produces new, healthy and tighter skin structures in the treated area and the surrounding skin. Skin will appear smoother, clearer and tighter.

What conditions can be treated?

A detailed consultation with your doctor/aesthetic Nurse will outline which areas of skin are appropriate for treatment. Because the Intracel treatment spares healthy tissue it is appropriate for use on even delicate skin such as around the eye and face. It can be used to improve the quality and texture of wrinkled skin, around the eyes, chin, top lip and neck. Acne & Acne scarring can also be treated.

How many treatments will I need?

Clinical studies suggest that an effective treatment regime is three to four sessions, spaced about 1 month apart. Treatment plans can be very flexible, even when spaced weeks or months apart, results are outstanding. Each treatment session targets 15 to 20 % of the skins surface, outlining the need for successive treatments. Your consultant will tailor a specific programme to treat your individual needs.

Is it safe?

Intracel treatment can be performed in your doctor's office. It is a powerful device and treatment must be carried out by a trained and experienced practitioner to ensure that the correct area is treated at the correct levels.

Does it hurt?

A topical anaesthetic is applied for at least an hour before treatment. You will be monitored during this time to ensure the anaesthetic cream does not run or lower your blood pressure. During the treatment you will experience a mild prickling sensation across the skin as the treatment head is passed over the area. This increases with the number of passes, the skin can be cooled during treatment to make the experience tolerable. The levels of treatment can be adjusted to suit patient comfort. Occasionally a full anaesthetic, regional block will be performed to improve your comfort.

How is the treatment carried out?

The head will be passed over the entire treatment area. You will experience a prickling sensation followed by a sensation of heat. It is likely several passes to the planned treatment area will be required during each session.

Possible side effects

Initially there will be tiny pinpoint bleeding which will settle in a few minutes. You will experience a mild sunburnt sensation for about an hour after treatment, then virtually no discomfort. The skin will have a pinkish tone for about 2-3- days, this is a normal sign that the skin is healing deeply. Swelling is minimal and resolves in two to three days. Other possible side effects include:-

Redness	Burns
Scabbing	Blanching
Blisters	Pigment Changes
Itching	On set of herpes simplex virus
Temporary pinpoint bleeding	

New skin develops immediately as the healing process occurs.

Care following treatment

The use of sunscreen following treatment is very important to protect the skin during the healing phase and for several weeks following treatment. Makeup can be applied after 24 hours once the initial epidermal healing has occurred. Aloe Vera gel and cold compresses can be applied following treatment.

When will I see results?

The results from this treatment are variable, depending on the original quality of the skin and degree of damage to be treated. The skin will begin to feel smoother and tighter even after the first treatment, but the best results from the treatment will continue to improve for up to six months.

Please advise your doctor or Aesthetic Nurse if you have any forthcoming social engagements so a personal evaluation can be made as to any possible downtime associated with the treatment that could impact on your enjoyment of the event. Every individual can react differently to treatment so it is important to alert your practitioner.

Consent

I agree to photos being taken to assess the progress of my treatment

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I confirm that I have been fully informed about the procedure and my questions have been answered. I understand the exclusions for treatment, and have advised the doctor of any changes to my medical history. I am fully aware of the possible risks and side effects and give my permission for the treatment to be performed. I understand that there are no treatment guarantees, and other treatments available have been explained to me.

I am of the opinion that my request for treatment is for medical reasons and the personal psychological features that are associated with my request. I have expressed my thoughts and feelings to the treating doctor and consent to the treatment for the purpose of restoring and maintaining the health of my skin and body and my psychological wellbeing.

Patient name

Date

Signature

Physician/Aesthetic nurse signature

EMERGENCY CONTACT DETAILS

Should you feel unwell following your procedure it is important to seek specialist medical advice immediately. In the first instance call Dr. John Curran on one of the following numbers:

Guernsey Clinic 01481 736699 (Mon-Fri 08.00 to 17.30)

Dr. Curran's Mobile 07781-165797

