

## **Information And Consent For Treatment With Botulinum Toxin A For Axillary Hyperhidrosis**– Excessive Sweating Disorder

Hyperhidrosis is the medical term for excessive sweating. Normally the body produces sweat to regulate the body temperature. Sometimes the nerves that control the sweat glands become overactive and excess sweat is produced. Sweat is secreted from glands all over the body, but mainly from the palms, soles of the feet and under arm region. This can have a devastating impact on people's quality of life, and Botox injections can dramatically reduce sweating by blocking the nerves to the sweat glands, temporarily relieving the problem.

### **How is treatment given?**

An anaesthetic cream is applied, and then numerous tiny injections are given over the area. The area may be red and a little sore after treatment, but this quickly subsides. Hair in the area will be trimmed prior to treatment to make administration of the injections easier.

### **How long does it take to reduce sweating?**

The reduction of sweating starts to take effect in just one day, but it may take several days to two weeks to reach its full effectiveness. A follow up appointment may be arranged to assess effectiveness, however should you have any breakthrough sweating in the first couple of months it is important to come back and see the doctor.

### **Possible side effects**

Following treatment the area may be a little swollen and bruised. Allergic reactions are very rare. If you are still sweating you may need further treatment to the area.

### **How long will results last?**

Sweating is usually controlled for an average 5 to 7 months, but can last longer, when a repeat treatment can be given. Sweating will return gradually and anti perspirant can be used between repeat treatments.

### **Other options available**

Surgery is also an option to remove the sweat glands, but this can cause unsightly scars.

Please advise your doctor or Aesthetic Nurse if you have any forthcoming social engagements so a personal evaluation can be made as to any possible downtime associated with the treatment that could impact on your enjoyment of the event. Every individual can react differently to treatment so it is important to alert your practitioner.

**Treatment is not advised during pregnancy or if you are breastfeeding**

**Consent**

I confirm that I have been fully informed about the procedure and my questions have been answered. I understand the exclusions for treatment, and have advised the doctor of any changes to my medical history. I am fully aware of the possible risks and side effects and give my permission for the treatment to be performed.

**I am of the opinion that my request for treatment is for medical reasons and the personal psychological features that are associated with my request. I have expressed my thoughts and feelings to the treating doctor and consent to the treatment for the purpose of restoring and maintaining the health of my skin and body and my psychological wellbeing.**

**Patient Name.....**

**Patient Signature.....**

**Doctor Signature.....**

**Date of Treatment.....**

**Batch No ..... Exp date .....**

**EMERGENCY CONTACT DETAILS**

Should you feel unwell following your procedure it is important to seek specialist medical advice immediately. In the first instance call Dr. John Curran on one of the following numbers:

Guernsey Clinic 01481 736699 (Mon-Fri 08.00 to 17.30)  
Dr. Curran's Mobile 07781-165797