

## **Information and Consent For HydraFacial**

### **What is Hydrafacial?**

Hydrafacial is a state of the art medical grade facial which gently and deeply cleanses and exfoliates the skin using a vortex technology patented tip. Intensive treatment serums are applied to the skin and LED red light is used to stimulate collagen and circulation. Lymphatic drainage clears toxins from the skin and Blue light can be used to treat acne.

### **Is treatment safe?**

As a medical device this treatment must be carried out by a fully qualified professional and a full patient history must be obtained to ensure suitability for treatment.

### **How does treatment work?**

Daily pollutants and make up can block pores and cause a build up of dead and damaged skin cells. This makes the skin look dull and prevents home care products from absorbing. HydraFacial removes this and patients can see the exfoliated debris at the end of the treatment. Each treatment is tailored specifically for the individual patients needs.

### **How is treatment carried out?**

1. Lymphatic drainage - stimulates circulation and removes toxins from the skin.
2. Cleanse and exfoliation - Removes surface debris and cleanses pores.
3. Gentle Peel - to soften sebum in pores.
4. Extraction-Gently washes and sucks debris from pores.
5. Treatment serums and peptides - applied according to individual needs.
6. LED Red or Blue light.
7. Post treatment supporting creams applied.

### **Does it hurt?**

Treatment will be comfortable throughout and your nurse will ensure you do not experience any discomfort.

### **What can be expected following treatment?**

Skin will be glowing, clean and rejuvenated. Results can last 2-3 weeks and maintenance treatments are recommended for maximum gain 4-6 weeks apart. Skin looks and feels firmer and more plump and pores are visibly reduced.

**Possible side effects?**

Temporary flushing may occur following exfoliation and very occasionally patients may experience spots or a reaction the topical products. Please complete tick list below and to avoid possible side effects, and highlight any issues to your nurse.

- Accutane Treatment
- Allergies -please specify
- Autoimmune Disease
- Blood Thinning Medication
- Pregnancy
- Breast Feeding
- Cold Sores
- Cosmetic Injections Fillers/BTX
- Eczema/Psoriasis
- Enlarged Glands
- Facial Waxing
- Irregular Pigmented Moles
- Keloid Scars
- Light Reactive Medication
- Recent Peels
- Recent Dental Procedures
- Rosacea
- Retin A use
- Stage 3, 4 Acne
- Skin Bleeding Agents
- Diabetics

Please advise your doctor or Aesthetic Nurse if you have any forthcoming social engagements so a personal evaluation can be made as to any possible downtime associated with the treatment that could impact on your enjoyment of the event. Every individual can react differently to treatment so it is important to alert your practitioner.

**Consent**

**I hereby request, authorise and give my consent for the performance of the Hydrafacial treatment. My signature indicates that I have read and understood all of the information presented and have had any questions answered.**

**I am of the opinion that my request for treatment is for medical reasons and the personal psychological features that are associated with my request. I have expressed my thoughts and feelings to the treating doctor and consent to the treatment for the purpose of restoring and maintaining the health of my skin and body and my psychological wellbeing.**

**Patient name .....**

**Date .....**

**Signature .....**

**Physician/Aesthetic Nurse signature.....**

### **EMERGENCY CONTACT DETAILS**

Should you feel unwell following your procedure it is important to seek specialist medical advice immediately. In the first instance call Dr. John Curran on one of the following numbers:

Guernsey Clinic 01481 736699 (Mon-Fri 08.00 to 17.30)

Dr. Curran's Mobile 07781-165797

