

Information and Consent for Dermal Filler Injections Using Hyaluronic Acid

Facial wrinkles and creases begin to appear as the underlying collagen and elastin fibres begin to break down and wear out. While this break down is part of the natural ageing process, it can also result from smoking, environmental damage and excessive facial expression.

What are Dermal Fillers?

Dermal fillers are injectable treatments to reduce the appearance of lines and folds. The results you achieve will depend on the area of the face which is treated, how much movement there is in the treated area, the condition of the skin and the skill of the person performing the treatment. Because of its highly favourable safety profile, Non-Animal Stabilised Hyaluronic Acid is used, a substance found naturally in the human body. It is fully biocompatible and degradable, and there is virtually no serious risk. Dermal fillers are injected into the line using a fine needle and immediately restore volume.

Is treatment safe?

It is our practice to use Restylane and Juvederm products. These Hyaluronic Acid Fillers are used because they do not contain any animal derivatives, so there is no risk of animal-based disease transmission. No pre testing is required, but you should avoid aspirin and non steroidal anti-inflammatory medication prior to treatment as this can lead to increased bleeding and bruising.

How do Dermal Fillers work?

They are a clear gel that once injected beneath the skins surface add volume and lift to smooth out wrinkles and folds. The Hyaluronic acid gel is almost identical to the bodies own so it integrates into the dermal tissue then attracts and binds to water molecules to help maintain volume. It is gradually degraded by the bodies own mechanism and disappears without any residue.

Does treatment hurt?

Topical anaesthetic cream may be applied to the treatment area for 30 minutes prior to treatment. Please discuss your particular anaesthetic needs with your doctor. We are prepared to give you sufficient time for topical anaesthetic to work. The injection contains anaesthetic which increases tolerance to any minor discomfort.

Suitable areas for treatment

- Deep naso labial folds
- Frown lines between the eyes
- Vertical lines on the top lip
- Marionette lines at the corner of the mouth
- Definition of the lip border
- Increasing the size of the lips
- Horizontal lines across the forehead

Cheek volume restoration
Tear trough treatment

What can be expected following treatment?

Results with dermal fillers can be seen immediately, and will last for six months or longer. Any hard areas will soften after 2-3 days.

A follow up appointment may be arranged to finesse the results two weeks after treatment.

Possible side effects

The most commonly reported side effects are temporary redness, itching, tenderness and swelling at the injection site. These effects typically resolve in 2 to 3 days. If you are prone to bleeding you may get a small puncture site bruise, and if you suffer from cold sores the injection may trigger a cold sore, so treatment would be given to avoid this. Rare side effects can include an acne type rash or discolouration at the injection site.

Is it reversible?

Yes. Generally we can dissolve this type of dermal filler if you are unhappy with the result.

Care following treatment

Normal activity can resume immediately and make up can be applied after treatment. The area can be massaged firmly to smooth out any water that has been absorbed by the gel, giving the appearance of lumpiness.

**Treatment should be avoided if you are pregnant or breastfeeding
Treatment should also be avoided if you have an active cold sore**

Please advise your doctor or Aesthetic Nurse if you have any forthcoming social engagements so a personal evaluation can be made as to any possible downtime associated with the treatment that could impact on your enjoyment of the event. Every individual can react differently to treatment so it is important to alert your practitioner.

Consent

I confirm that I have been fully informed about the procedure and my questions have been answered. I understand the exclusions for treatment, and have advised the doctor of any changes to my medical history. I am fully aware of the possible risks and side effects and give my permission for the treatment to be performed.

I am of the opinion that my request for treatment is for medical reasons and the personal psychological features that are associated with my request. I have expressed my thoughts and feelings to the treating doctor and consent to the treatment for the purpose of restoring and maintaining the health of my skin and body and my psychological wellbeing.

Patient name

Date

Signature

Physician signature

EMERGENCY CONTACT DETAILS

Should you feel unwell following your procedure it is important to seek specialist medical advice immediately. In the first instance call Dr. John Curran on one of the following numbers:

Guernsey Clinic 01481 736699 (Mon-Fri 08.00 to 17.30)

Dr. Curran's Mobile 07781-165797