

What's hot on the beauty scene?

John Curran talks about some of the celebrity secrets right on your doorstep

There is a saying that you can never be a prophet in your own land. Dr John Curran, a fellow and former chairman of the British Association of Cosmetic Doctors, is the exception to the rule.

The Guernsey based cosmetic dermatologist is described by the prestigious Tatler, in their Beauty and cosmetic surgery guide 2012, as "The Channel Islands' best kept secret."

He is listed in the 'Doctor Who's Who' as a miracle worker. One of the UK's 30 most sought after surgeons, cosmetic doctors and dermatologists, specialising in sculpting the new improved you. He is described as a 'genius at correcting sun damage', and a 'hot to trot dermatologist' working with cutting edge technologies which he has rigorously researched, and only cherry picks machines which are proven to work.

Says John: "It's a great honour to be mentioned alongside some of my most respected colleagues in the field of cosmetic surgery and medicine. The team at the Guernsey Aesthetic Skin Clinic are constantly pushing boundaries, introducing new serious non-surgical treatments which are bringing celebrity style treatments to the general public with amazing results."

Actress Anna Friel is among those who owns up to having had radio frequency skin tightening treatment to achieve her dewy fresh look.

This treatment is fast becoming one of the most popular new treatments at the clinic.

INTRAcel is the newest star in the cosmetic arena. It has been described by the Daily Mail as one of the most coveted new treatments for 2012.



"INTRAcel is the cleverest bit of technology I have seen for 10 years. It can change the quality of skin and tighten it in a way we have not seen before. It is a cocktail of the most effective cutting-edge anti-ageing technologies - radiofrequency, fractional technology and deep dermal micro-needling," says John. "It is the 'best in its class' for tackling telltale 'turkey necks' jowly chins and crepey skin."

The procedure itself is simple – anaesthetic cream is applied to the soon to be zapped area and the superfine insulated micro-needles of the INTRAcel device is applied to the skin, pinpricking their way over furrows and lines, firing radiofrequency energy, to effectively smooth them away.

The current target deep within the dermis so the superficial skin is not damaged, facial tissue is stimulated and collagen production boosted to give the skin youthful tightening and glow.

And, while the current financial outlook continues to look bleak cosmetic procedures continue to be something few intend to cut back on. The clinic is also a center of excellence for the exciting Obagi Radiance Blue Peel - the latest innovation from the trusted and proven award winning Obagi skincare range.

This minimally invasive salicylic acid based peel is applied to the face and décolletage to remove dead and damaged skin cells, revealing glowing results.

After several slightly tingly minutes the solution is removed, revealing beautiful youthful skin.

"Facial contouring is also very popular – though it is important to keep a delicate touch when using volumising procedures otherwise the results can appear unnatural. It's a subtle art, but experienced practitioners can create beautiful

results. Patients today are looking for a much more subtle look. Big lips and the 'done look' are well and truly out. If you can tell, then it's probably overdone", says John.

To arrange a consultation, contact the Aesthetic skin clinic on 736699 or view the treatments online at www.askinclinic.co.uk